

ENGLISH

PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS
1.	APRIL 1, 2, 3, 4, 5, 6	L1. The Fun they Had Poem-Road not taken	Literary Devices	Activity Copy	
2.	April 8, 12, 13, 15, 16, 18	L2. The Sound of Music	Biography of a Musician	Activity copy	
3.	April 19, 20, 22, 23, 24, 25	L3. The Little Girl	Group Discussion- Relationship with Parents		
4.	April 26, 27, 29 June 18, 19, 20	Poem-Wind Writing Skill- Diary Entry	Diary Entry	Activity copy	PTM 30 APRIL
5.	June 21, 24, 25, 26, 27	L4. A Truly Beautiful Mind	Achievements of Einstein	Activity copy	
6.	June 28, 29 July 1, 2, 3, 4	M. L1-The Lost Child M. L2- The Adventures of Toto	Role play of Grandfather		
7.	July 5, 6, 8, 9, 10, 11	Grammar- Tenses	Tense Tree	Activity copy	Activity Day I 6 July
8.	July 12, 15, 16, 18, 19, 20	M. L3-Iswaran the Storyteller Grammar-Determiners	Qualities of a Good Storyteller	Activity copy	
9.	July 22, 23, 24, 25, 26, 27	Revision			Periodic Test – I 25-31 July
10.	July 29, 30, 31 Aug 1, 2, 3	Error correction M. L4- In the Kingdom of Fools	Grammar Worksheet	Activity copy	Activity Day II 3 August

ENGLISH

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11.	August 5, 6, 7, 8, 9	M. L5-The Happy Prince Poem-Rain on the Roof	Nostalgia (Experience Sharing)		
12.	August 12, 13, 14, 16, 20	L5-The Snake and The Mirror	Write a frightening incident	Activity copy	PTM 17 August
13.	August 21, 22, 23, 27, 28	Poem-The Lake Isle of Innisfree Grammar-Subject-Verb Agreement	Grammar worksheet	Activity copy	
14.	August 29, 30, 31 Sep 2, 3, 4	Descriptive Paragraph (Person)	Describe a Family Member	Activity copy	
15.	September 6, 9, 10, 11, 12	Revision			Periodic Test – II 17-30 September
16.	September 13, Oct 1, 3, 4, 5, 7	L6-My Childhood	Role play		
17.	October 8, 9, 14, 15, 16	Poem-A Legend of Northland	Extempore		
18.	October 18, 21, 22, 23, 24	Poem-No Men are Foreign	Discussion-Effects of War on Common Man		PTM - 19 October
19.	October 25, 28 Nov 4, 5, 6	Grammar-Preposition	Grammar Worksheet	Activity copy	Activity Day III 26 October
20.	November 7, 8, 11, 12, 13, 16	M. L7-The Last Leaf	Storytelling-Value based)		
21.	November 18, 19, 20, 21, 22	Poem-On Killing a Tree	Slogan Writing- Saving the Environment	Activity copy	
22.	Nov. 25, 26, 30, Dec 2, 4, 5	L8-Reach for the Top	Dialogue/Conversation		

ENGLISH

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23.	Dec. 6, 7, 9, 10, 11, 12	Revision			Periodic Test – III 7-13 December
24.	Dec. 13, 16, 17, 18, 19	Grammar-Reported Speech			
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	Continuation of Reported Speech	Grammar worksheet		PTM 4 January
26.	Jan. 6, 7, 8, 9, 10	L10-Kathmandu	Paste a Picture of any Tourist Spot and describe it	Activity copy	
27.	Jan. 13, 14, 15, 16, 17, 18	Poem-A Slumber did my Spirit Seal Writing skill- Event Description	Describe an Event	Activity copy	
28.	Jan. 20, 21, 22, 23, 24	L11. If I were You	Role Play		
29.	Jan. 27, 28, 29, 30, 31, Feb 1	M. L8-A House is not a Home Writing skill- Situation Based	Describe a Situation	Activity copy	
30.	February 3, 4, 5, 6, 7	M. L10-The Beggar	How can we abolish Begging	Activity copy	
31.	February 10, 11, 13, 14, 15, 17	Revision			
32.	February 18, 19, 20, 21	Revision			Final Examination 24 Feb to 7 Mar

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1.	APRIL 1, 2, 3, 4, 5, 6	क्षितिज गद्य खंड -पाठ- 1 " दो बैलों की कथा" (प्रेमचंद)	परियोजना कार्य आजादी से संबंधित	Activity copy				
2.	April 8, 12, 13, 15, 16, 18	क्षितिज पाठ-7 " साखियाँ एवं सबद "(कबीर)	कबीर दास जी द्वारा रचित किसी कविता का सचित्र वर्णन करें।	Activity copy				
3.	April 19, 20, 22, 23, 24, 25	व्याकरण उपसर्ग, प्रत्यय						
4.	April 26, 27, 29 June 18, 19, 20	क्षितिज गद्य खंड पाठ -2 " ल्हासा की ओर" (राहुल सांकृत्यायन)	मौखिक अभिव्यक्ति (यात्रा संबंधी वृतांत)		PTM 30 APRIL			
5.	June 21, 24, 25, 26, 27	क्षितिज पद्य खंड पाठ -८ " वाख" (ललद्यद)	वाद- विवाद					
6.	June 28, 29 July 1, 2, 3, 4	व्याकरण- समास, ,वाक्य (वाक्य अर्थ के आधार पर)						
7.	July 5, 6, 8, 9, 10, 11	क्षितिज गद्य खंड पाठ-3 "उपभोक्ता की संस्कृति" (श्यामाचरण दुबे)	आप अपनी पसंद की किन्ही दो वस्तुओं पर विज्ञापन तैयार कीजिए।		Activity Day I 6 July			
8.	July 12, 15, 16, 18, 19, 20	क्षितिज पद्य खंड पाठ -9" सवैये" (रसखान)	मातृभूमि के प्रति अपने मनोभावों को					

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			अभिव्यक्त कीजिए					
			(लेख)					
			कविता पाठ (देश	activity copy	Periodic Test – I			
			भक्ति)		25-31 July क्षितिज गद्य खंड -पाठ- 1, 2			
9.	July 22, 23, 24, 25, 26, 27	कृतिका पाठ-1 " इस जल प्रलय में"			क्षितिज काव्य खंड- पाठ- ७, ८			
					व्याकरण- उपसर्ग, प्रत्यय			
4.0		व्याकरण- शब्दालंकार अनुप्रास , यमक,			Activity Day II			
10.	July 29, 30, 31 Aug 1, 2, 3	अर्थालंकार उपमा, रूपक			3 August			
11	A	लेखन -अनुच्छेद लेखन, पत्र लेखन,- ई-मेल						
11.	August 5, 6, 7, 8, 9	लेखन, संवाद लेखन						
		क्षितिज पद्य खंड पाठ -10 " कैदी और कोकिला'	पक्षियों से संबंधित					
12.	August 12, 13, 14, 16, 20	(माखनलाल चतुर्वेदी)	एक प्रोजेक्ट तैयार		PTM 17 August			
	,	(गाउनलाल प्रतुपदा)	करें।		g			
13.	August 21, 22, 23, 27, 28	लघुकथा लेखन, सूचना लेखन						
14.	August 29, 30, 31 Sep 2, 3, 4	Revision		activity copy				
15.	September 6, 9, 10, 11, 12	Revision			Periodic Test – II 17-30 September Package 1 to 13			
10	Contombor 12 O-14 2 4 5 7	क्षितिज गद्य खंड पाठ -4 सांवले सपनों की याद"	पर्यावरण को बचाने के					
16.	September 13, Oct 1, 3, 4, 5, 7	(जाबिर हुसैन)	लिए आप कैसे					

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			योगदान दे सकते हैं।				
			लेख द्वारा अपने विचार				
			व्यक्त करें।				
47	0.1.1.0.0.44.45.40	क्षितिज काव्य खंड पाठ-11 'ग्राम श्री'	वाद विवाद				
17.	October 8, 9, 14, 15, 16	(सुमित्रानंदन पंत)					
18.	October 18, 21, 22, 23, 24	कृतिका पाठ -2 " मेरे संग की औरतें'			PTM - 19 October		
40	October 25, 28 Nov 4, 5, 6	क्षितिज पद्य खंड पाठ -12 "मेघ आए"	अनुच्छेद लेखन		Activity Day III		
19.		(सर्वेश्वर दयाल सक्सेना)			26 October		
	November 7, 8, 11, 12, 13, 16	क्षितिज गद्य खंड पाठ-6 "मेरे बचपन के दिन "	डायरी लेखन				
20.		(महादेवी वर्मा)					
21.	November 18, 19, 20, 21, 22	कृतिका -पाठ - ३ " रीढ़ की हड्डी"					
22.	Nov. 25, 26, 30, Dec 2, 4, 5	ई-मेल लेखन					
					Periodic Test – III		
23.	Dec. 6, 7, 9, 10, 11, 12	व्याकरण- समास, ,वाक्य (वाक्य अर्थ के			7-13 December ਮਿੀਨੀਤ ਸਫ਼ खंड -पाठ- 4, 5		
		आधार पर)			क्षितिज काव्य खंड- पाठ- 11, 12		
24.	Dec. 13, 16, 17, 18, 19	संवाद लेखन			191101 1101 11, 12		
		क्षितिज पद्य खंड पाठ -13 " बच्चे काम पर जा	वाद- विवाद		PTM		
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	रहे हैं" (राजेश जोशी)			4 January		
26.	Jan. 6, 7, 8, 9, 10	लेखन कौशल					

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27.	Jan. 13, 14, 15, 16, 17, 18	व्याकरण -						
28.	Jan. 20, 21, 22, 23, 24	पत्र लेखन						
29.	Jan. 27, 28, 29, 30, 31, Feb 1	लेखन कौशल						
30.	February 3, 4, 5, 6, 7	लघुकथा लेखन, अनुच्छेद लेखन						
31.	February 10, 11, 13, 14, 15, 17	Revision						
32.	February 18, 19, 20, 21	Revision			Final Examination 24 Feb to 7 Mar Full course			

	SANSKRIT								
PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS				
1.	APRIL 1, 2, 3, 4, 5, 6	पूर्व पठित व्याकरण + धातु ज्ञानम्							
2.	April 8, 12, 13, 15, 16, 18	षब्दरूपाणि +कारकप्रकरणम्							
3.	April 19, 20, 22, 23, 24, 25	प्रथमः पाठः – भारती वसन्तगीति	रचनात्मक कार्यम्	कलमम् पाठ्यपुस्तकं च					
4.	April 26, 27, 29 June 18, 19, 20	प्रष्न निर्माणं + पाठाभ्यासः			PTM 30 APRIL				
5.	June 21, 24, 25, 26, 27	द्वितीयः पाठः – स्वर्ण काकः	समस्या समाधानं	कलमम् पाठ्यपुस्तकं च					
6.	June 28, 29 July 1, 2, 3, 4	पाठाभ्यासः + उपसर्गाः							
7.	July 5, 6, 8, 9, 10, 11	घटनाक्रम + संधिः परिचयः – स्वर संधिः			Activity Day I 6 July				

SANSKRIT

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8.	July 12, 15, 16, 18, 19, 20	व्यंजन संधिः विसर्ग संधिः च			
9.	July 22, 23, 24, 25, 26, 27	पुनरावृत्तिः			Periodic Test – I 25-31 July
10.	July29, 30, 31 Aug 1, 2, 3	तृतीयः पाठः – गोदोहनम्	संचारः – सचित्र मम परिचयः	क्वलं स्वबुद्धि कौशलम्	Activity Day II 3 August
11.	August 5, 6, 7, 8, 9	प्रत्ययाः + पाठाभ्यासः			
12.	August 12, 13, 14, 16, 20	पंचमः पाठः – सूक्ति मौक्तिकम्	सस्वर गायनं – ध्वनि विज्ञानं		PTM 17 August
13.	August 21, 22, 23, 27, 28	उपपद विभक्ति + पत्रलेखनं + अन्वयः			
14.	August 29, 30, 31 Sep 2, 3, 4	षष्ठः पाठः – भ्रान्तो बालः	पर्यावरण षिक्षा		
15.	September 6, 9, 10, 11, 12	अव्ययाः + पुनरावृत्तिः			Periodic Test – II 17-30 September
16.	September 13, Oct 1, 3, 4, 5, 7	संख्याधारित अनुवाद रचना			
17.	October 8, 9, 14, 15, 16	अषुद्धि संषोधनम् + चित्रवर्णनं			
18.	October 18, 21, 22, 23, 24	अष्टमः पाठः – लौहतुला नवमः	सचित्र कथा लेखनं		PTM- 19 October
19.	October 25, 28 Nov 4, 5, 6	नवमः पाटः – सिकतासेतुः	जीवन कौषलं मूल्यं च	पुस्तकादि	Activity Day III 26 October
20.	November 7, 8, 11, 12, 13, 16	अनुच्छेद लेखनं + चित्रवर्णनं			
21.	November 18, 19, 20, 21, 22	पर्यायः विलोमः च			
22.	Nov. 25, 26, 30, Dec 2, 4, 5	भावार्थः + व्याकरणम्			
23.	Dec. 6, 7, 9, 10, 11, 12	पाठाभ्यासः + पुनरावृत्तिः			Periodic Test – III 7-13 December
24.	Dec. 13, 16, 17, 18, 19	दषमः पाठः – जटायोः षौयम्	सस्वर गायनं – ध्वनि विज्ञानं		

	SANSKRIT								
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25.	Dec. 20, 21, 30, 31, Jan. 2, 3	पाठाभ्यासः + व्याकरणम्			PTM 4 January				
26.	Jan. 6, 7, 8, 9, 10	एकादशः पाठः – पर्यावरणम्	पर्यावरणम् ज्ञानं						
27.	Jan. 13, 14, 15, 16, 17, 18	पाठाभ्यासः + अन्वयाः							
28.	Jan. 20, 21, 22, 23, 24	घटनाक्रम + उपपद विभक्ति							
29.	Jan. 27, 28, 29, 30, 31, Feb 1	द्वाद्वशः पाठः —वाङ्गमनः प्राणस्वरूपम्	स्वास्थ्य षिक्षा						
30.	February 3, 4, 5, 6, 7	संस्कृतानुवादः							
31.	February 10, 11, 13, 14, 15, 17	पाठाभ्यासः							
32.	February 18, 19, 20, 21	पुनरावृत्तिः			Final Examination 24 Feb to 7 Mar				

	FRENCH							
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1.	APRIL 1, 2, 3, 4, 5, 6	Se presenter, Présentez quelqu'un, Les articles Révision						
2.	April 8, 12, 13, 15, 16, 18	Les nombres Révision, Unité 1, léçon 1, Les verbes 1er gp	Préparez l'arbre généalogique	Photos des membres de la famille				
3.	April 19, 20, 22, 23, 24, 25	Les adjectifs possessifs et démonstratifs, Leçon 2, Les négations, les verbes 2e gp	Comparez la carte de la France et de l'Inde	Les cartes- La France et l'Inde				
4.	April 26, 27, 29 June 18, 19, 20	L'imparfait et passé composé, le passe récent			PTM 30 APRIL			

	FRENCH							
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5.	June 21, 24, 25, 26, 27	Leçon 3, les verbes 3e gp, les verbes pronominaux	Décrire une personne, présentez sa journée, parler des habitudes quotidiennes	Photo/ Images des activités quotidiennes				
6.	June 28, 29 July 1, 2, 3, 4	Le plus que parfait, le passé récent						
7.	July 5, 6, 8, 9, 10, 11	Le conditionnel présent, Le conditionnel passé			Activity Day I 6 July			
8.	July 12, 15, 16, 18, 19, 20	Futur Proche et Futur Simple, parler de ses projets, la lettre	Parler de ses projets/ Préparez une brochure	Photos d'un lieu touristique, ou du pays où l'on veut étudier				
9.	July 22, 23, 24, 25, 26, 27	Si clauses, Leçon 4, L'impératif			Periodic Test – I 25-31 July			
10.	July 29, 30, 31 Aug 1, 2, 3	Parler de ses activités, parler de la météo	Présentez le bulletin météo d'une région	Carte du pays, de la région	Activity Day II 3 August			
11.	August 5, 6, 7, 8, 9	Leçon 5, Réserver une place, Les conversations						
12.	August 12, 13, 14, 16, 20	Raconter ses vacances	Les conversations		PTM 17 August			
13.	August 21, 22, 23, 27, 28	Léçon 6- Exprimer l'obligation, Parler de ses loisirs, La recette						
14.	August 29, 30, 31 Sep 2, 3, 4	Exprimer la durée, Les negations, La carte postale						
15.	September 6, 9, 10, 11, 12	La culture et la civilisation, Révision			Periodic Test – II 17-30 September			
16.	September 13, Oct 1, 3, 4, 5, 7	Révision, Léçon 7, les pronoms personnels	Trouvez une recette facile d'un plat français et préparez-le. Faites une vidéo	Les ingrédients et les vaisselles pour préparer la recette				
17.	October 8, 9, 14, 15, 16	Exprimer son point de vue, Les pronoms en, y						

	FRENCH								
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18.	October 18, 21, 22, 23, 24	Léçon 8- Exprimer le désir, Faire des achats			PTM - 19 October				
19.	October 25, 28 Nov 4, 5, 6	Les conversations à l'épicerie, à la boulangérie etc			Activity Day III 26 October				
20.	November 7, 8, 11, 12, 13, 16	le pronom relatif qui et que, La révision							
21.	November 18, 19, 20, 21, 22	Les exercices, La révision, Leçon 9	Trouvez le menu d'un Menu d'un restaurant restaurant français à						
22.	Nov. 25, 26, 30, Dec 2, 4, 5	Le pronom relatif où et dont, Le conditionnel de la politesse							
23.	Dec. 6, 7, 9, 10, 11, 12	Le comparatif et le superlatif, Léçon 10	Le comparatif et le superlatif, Léçon 10		Periodic Test – III 7-13 December				
24.	Dec. 13, 16, 17, 18, 19	Les lettres, Le temps convenable							
25.	Dec. 20, 30, 31, Jan. 2, 3	La révision, Les fêtes	Faites des recherches sur les fêtes françaises. Faites une carte de noël	Photos des fêtes	PTM 4 January				
26.	Jan. 6, 7, 8, 9, 10	Léçon 11, Les conversations, Les messages							
27.	Jan. 13, 14, 15, 16, 17, 18	La révision							
28.	Jan. 20, 21, 22, 23, 24	Leçon 12, Les pays francophones							
29.	Jan. 27, 28, 29, 30, 31, Feb 1	Les lettres, la culture et la civilisation	Les conversations						
30.	February 3, 4, 5, 6, 7	La révision							
31.	February 10, 11, 13, 14, 15, 17	La révision							
32.	February 18, 19, 20, 21	La révision			24 Feb to 7 Mar Final Examination				

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	MATHEMATICS							
PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS			
1.	APRIL 1, 2, 3, 4, 5, 6	Number system	Spiral Method	Compasses and ruler				
2.	April 8, 12, 13, 15, 16, 18	Number system						
3.	April 19, 20, 22, 23, 24, 25	Lines and angles	Verification of exterior angle property	Colour paper and scissors				
4.	April 26, 27, 29 June 18, 19, 20	Lines and angles			PTM 30 APRIL			
5.	June 21, 24, 25, 26, 27	Coordinate Geometry	Mirror image of geometrical figures	Graph paper				
6.	June 28, 29 July 1, 2, 3, 4	Linear equations in two variables	Draw the graph and find the area	Graph paper				
7.	July 5, 6, 8, 9, 10, 11	Euclid's Geometry	Speech competition		Activity Day I 6 July			
8.	July 12, 15, 16, 18, 19, 20	Triangles	Angle sum property	Colour paper and scissors	Syllabus for PT1 Package 1 to 5			
9.	July 22, 23, 24, 25, 26, 27	Revision			Periodic Test – I 25-31 July			
10.	July 29, 30, 31 Aug 1, 2, 3	Triangles			Activity Day II 3 August			
11.	August 5, 6, 7, 8, 9	Herons' formula	Case study					
12.	August 12, 13, 14, 16, 20	Herons' formula			PTM 17 August			
13.	August 21, 22, 23, 27, 28	Polynomials	Algebraic identities	Colour paper and scissors				
14.	August 29, 30, 31 Sep 2, 3, 4	Revision			Syllabus for PT 2 Package 1 to 12			
15.	September 6, 9, 10, 11, 12	Revision			Periodic Test – II 17-30 September			
16.	September 13, Oct 1, 3, 4, 5, 7	Polynomials						

	MATHEMATICS							
PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS			
17.	October 8, 9, 14, 15, 16	Quadrilaterals	Midpoint theorem and types of Quadrilaterals	Colour paper and scissors				
18.	October 18, 21, 22, 23, 24	Quadrilaterals			PTM - 19 October			
19.	October 25, 28 Nov 4, 5, 6	Circles	Verification of the angle in the same	Colour paper and scissors	Activity Day III 26 October			
20.	November 7, 8, 11, 12, 13, 16	Circles						
21.	November 18, 19, 20, 21, 22	Circles						
22.	Nov. 25, 26, 30, Dec 2, 4, 5	Surface area and Volume	Case study		Syllabus for PT3 Polynomials, Quadrilaterals and circles			
23.	Dec. 6, 7, 9, 10, 11, 12	Surface area and Volume			Periodic Test – III 7-13 December			
24.	Dec. 13, 16, 17, 18, 19	Surface area and Volume						
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	Statistics	Case study		PTM 4 January			
26.	Jan. 6, 7, 8, 9, 10	Statistics						
27.	Jan. 13, 14, 15, 16, 17, 18	Statistics						
28.	Jan. 20, 21, 22, 23, 24	Revision						
29.	Jan. 27, 28, 29, 30, 31, Feb 1	Revision						
30.	February 3, 4, 5, 6, 7	Revision			Syllabus for final examination Full syllabus			
31.	February 10, 11, 13, 14, 15, 17	Revision						
32.	February 18, 19, 20, 21	Revision			Final Examination 24 Feb to 7 Mar			

	CHEMISTRY								
PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS				
1.	1. APRIL 1, 2, 3, 4, 5, 6 Chapter-1 Physical nature of matter		Dissolution of salt in water- To show that matter is made up of particles.	Beaker, some salt, glass rod and water					
2.	sma parti disservation of solid, liquid and gas Properties of solid, liquid and gas potal pern		To show that how small are the particles of matter-dissolution of potassium permanganate in water.	Beakers, test-tubes, water, Potassium permanganate crystals.					
3.	April 19, 20, 22, 23, 24, 25	Change of state -Effect of temperature and pressure on states of matter.							
4.	April 26, 27, 29 June 18, 19, 20	Latent heat of fusion & vaporisation	Melting point of ice, boiling point of water	Iron stand, thermometer, beaker, glass rod, ice, water, burner.	PTM 30 APRIL				
5.	June 21, 24, 25, 26, 27	Evaporation & factors affecting it							
6.	Chanter, 2 Pure substances: Flements		Formation of a compound & mixture	China dish, watch glass, glass rod, burner, tripod stand, iron filings, sulphur powder, magnet, Carbon di sulphide, Dilute Sulphuric acid.					
7.	July 5, 6, 8, 9, 10, 11	Mixture and its types			Activity Day I 6 July				
8.	July 12, 15, 16, 18, 19, 20	Types of solution, Solubility and its Concentration	Distinguish between True solution, Suspension and	Beakers, test -tubes, filter papers, funnels, glass rods,					

	CHEMISTRY							
PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS			
			Colloid on the basis of transparency, filtration criterion and stability.	water, salt, starch, chalk powder				
9.	July 22, 23, 24, 25, 26, 27	Types of solution (contd.) + Revision			Periodic Test – I 25-31 July Syllabus: Chapter-1 Matter in our surroundings			
10.	July29, 30, 31 Aug 1, 2, 3	Numericals related to solubility and concentration of solution			Activity Day II 3 August			
11.	August 5, 6, 7, 8, 9	Numericals related to solubility (contd.)	umericals related to solubility (contd.)					
12.	August 12, 13, 14, 16, 20	Properties of Suspension and Colloidal solution			PTM 17 August			
13.	August 21, 22, 23, 27, 28	Revision						
14.	August 29, 30, 31 Sep 2, 3, 4	Revision						
15.	September 6, 9, 10, 11, 12	Revision Chapter-3 Atoms and Molecules.: Laws of chemical combination			Periodic Test – II 17-30 September Syllabus: Chapter 1(Matter in our Surroundings) & Chapter 2(Is matter around us pure?)			
16.	September 13, Oct 1, 3, 4, 5, 7	Numericals related to the laws of chemical combination.	Law of conservation of mass	Conical flask, ignition tube, cork, thread, Barium chloride and Sodium sulphate				
17.	October 8, 9, 14, 15, 16	Atoms & molecules, modern day symbols of different elements, atomic mass, molecular mass & formula unit mass.	Chart-making - symbols of elements derived from Latin names	Chart paper, coloured pens, ruler etc.				

	CHEMISTRY							
PACK	PACK MONTH AND DATE NO. & NAME OF TOPICS		ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS			
18.	October 18, 21, 22, 23, 24	lons- types and its formation.	Chart-making: monovalent, divalent and trivalent cations and anions	Chart paper, coloured pens and ruler	PTM- 19 October			
19.	October 25, 28 Nov 4, 5, 6	Atomicity and Valency	Quiz, cross-word puzzle	A-4 sheet, ruler & coloured pens	Activity Day III 26 October			
20.	November 7, 8, 11, 12, 13, 16	Writing chemical formula	Group activity- making formulae of different compounds	Chart paper, coloured pens				
21.	November 18, 19, 20, 21, 22	Writing chemical formula(contd.)						
22.	Nov. 25, 26, 30, Dec 2, 4, 5	Revision Chapter-4 Structure of Atom - charged particles in matter	To show the existence of charged particles in matter	Comb, small pieces of paper; glass rod, silk cloth, inflated balloon				
23.	Dec. 6, 7, 9, 10, 11, 12	An overview of Thomson's atomic model and Rutherford's atomic model			Periodic Test – III 7-13 December Syllabus: Chapter-3 Atoms & molecules			
24.	Dec. 13, 16, 17, 18, 19	Bohr's atomic model	Making static atomic models	Card-board, small thermocol balls(red, blue/white coloured),wires of different lengths, fevicol				
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	Bohr-Bury scheme, atomic number & mass number	Draw the structures of first 18 elements	Copy, compass and pencil	PTM 4 January			
26.	Jan. 6, 7, 8, 9, 10	Electronic configuration of elements	Quiz					
27.	Jan. 13, 14, 15, 16, 17, 18	Isotopes and Isobars	Quiz					
28.	Jan. 20, 21, 22, 23, 24	Numericals						
29.	Jan. 27, 28, 29, 30, 31, Feb 1	Numericals						

	CHEMISTRY								
PACK	PACK MONTH AND DATE NO. & NAME OF TOPICS		ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS				
30.	February 3, 4, 5, 6, 7	Practice of numericals							
31.	February 10, 11, 13, 14, 15, 17	Revision							
32.	February 18, 19, 20, 21	Revision			Final Examination 24 Feb to 7 Mar Syllabus: Chapter 1,2,3 & 4				

	PHYSICS							
PACK MONTH AND DATE NO. & NAME OF TOPICS ACTIVITY BASED TEACHING		ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS				
1.	APRIL 1, 2, 3, 4, 5, 6	Ch. Motion	To demonstrate and measure the distance and displacement of a boy /girl when he or she moves along the class line from starting point of the line to the ending point and then reverses and reaches mid-way, and comes back to the starting point					
2.	April 8, 12, 13, 15, 16, 18	Ch. Motion	To prepare a record of the readings of speedometer and odometer of your car /scooter and answer the questions	A car or a scooter , paper pen				
3.	April 19, 20, 22, 23, 24, 25	Ch. Motion	Prepare a data for the motion of your school bus / scooter /cycle when you go school to home	Paper , pen				
4.	April 26, 27, 29 June 18, 19, 20	Ch. Motion	To record the time of arrival and departure of Rajdhani express at 3 stations A, B, C between	Graph paper , pen pencil	PTM 30 APRIL			

	PHYSICS						
PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS		
			Bhopal to Delhi. Plot and interpret the distance time graph from the table				
5.	June 21, 24, 25, 26, 27	Ch. Motion Ch. Force and motion	Take a stone and tie it with a thread, whirl it in a vertical circular motion. Identify the direction of velocity and acceleration at the lowest point				
6.	June 28, 29 July 1, 2, 3, 4	Ch. Force and motion	Demonstrate the balanced and unbalanced forces using these materials – a cricket ball and bat, a glass ball a suit case a spring balance, an inclined plane and a table	Same as mentioned			
7.	July 5, 6, 8, 9, 10, 11	Ch. Force and motion	Demonstrate the concept of inertia Explain the Newton 3 rd law	Carom board with coins, glass tumbler 2 spring balances, straw balloon thread	Activity Day I 6 July		
8.	July 12, 15, 16, 18, 19, 20	Revision					
9.	July 22, 23, 24, 25, 26, 27	Ch. Gravitation			Periodic Test – I 25-31 July		
10.	July 29, 30, 31 Aug 1, 2, 3	Ch. Gravitation	Measure the mass of the given objects using physical balance and explain the underlying principle Measure the weight of your body using weighing machine and express it in Newton	Physical balance, weighing machine	Activity Day II 3 August		
11.	August 5, 6, 7, 8, 9	Ch. Gravitation					
12.	August 12, 13, 14, 16, 20	Ch. Gravitation	Calculate the pressure exerted by the brick in standing and lying down position.		PTM 17 August		
13.	August 21, 22, 23, 27, 28	Ch. Gravitation	Explain the concept of buoyancy	Basketball a tub and water			
14.	August 29, 30, 31 Sep 2, 3, 4	Revision					

	PHYSICS						
PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS		
15.	September 6, 9, 10, 11, 12	Revision			Periodic Test – II 17-30 September Ch. Motion Ch. Force Ch. Gravitation till mass and weight		
16.	September 13, Oct 1, 3, 4, 5, 7	Ch. Gravitation	Verify Archimedes principle	Over flow jar, metal block thread, spring balance, beaker and water			
17.	October 8, 9, 14, 15, 16	Ch . Gravitation	Demonstrate the principle of floatation	Iron block , Al block , wooden block of same mass , bucket with water			
18.	October 18, 21, 22, 23, 24	Ch. Work and energy	Think of some situation from your daily life involving work and list them		PTM - 19 October		
19.	October 25, 28 Nov 4, 5, 6	Ch . Work and energy	Set up an apparatus to study the work done	A table, wooden block, trolley pulley pan, mass	Activity Day III 26 October		
20.	November 7, 8, 11, 12, 13, 16	Ch. Work and energy	Demonstrate potential energy	Rubber band , slinky-toy car			
21.	November 18, 19, 20, 21, 22	Ch. Work and energy	Make a list of activities and gadgets which involve conversion of energy from one form to another form				
22.	Nov. 25, 26, 30, Dec 2, 4, 5	Revision					
23.	Dec. 6, 7, 9, 10, 11, 12	Ch. Work and energy	Take a close look at the electric meter installed in the electric circuit in the house and answer the following questions		Periodic Test – III 7-13 December Ch. Gravitation (After mass and weight) Ch. Work and energy		

	PHYSICS							
PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS			
24.	Dec. 13, 16, 17, 18, 19	Ch. Work and energy						
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	Ch. Sound	Make a list of different type of musical instruments and identify the part of the instrument that vibrates to produce sound		PTM 4 January			
26.	Jan. 6, 7, 8, 9, 10	Ch. Sound						
27.	Jan. 13, 14, 15, 16, 17, 18	Ch. Sound	Show that sound cannot propagate in vacuum	A jar, vacuum pump, cello tape				
28.	Jan. 20, 21, 22, 23, 24	Ch. Sound						
29.	Jan. 27, 28, 29, 30, 31, Feb 1	Ch. Sound						
30.	February 3, 4, 5, 6, 7	Ch. Sound						
31.	February 10, 11, 13, 14, 15, 17	Revision						
32.	February 18, 19, 20, 21	Revision			Final Examination 24 Feb to 7 Mar Full course			

	BIOLOGY								
PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS				
1.	APRIL 1, 2, 3, 4, 5, 6	L-5:- Fundamental unit of life:- Structural and Functional unit.	Study of microscope						
2.	April 8, 12, 13, 15, 16, 18	L.5- Plasma membrane, cell wall, nucleus:- Structure and Function.	Diagrammatic representation of types of cells	A-4 size sheet colours and decorative items					

	BIOLOGY							
PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS			
3.	April 19, 20, 22, 23, 24, 25	L.5- Cell organelles:- Structure and Function (cytoplasm).	Quiz					
4.	April 26, 27, 29 June 18, 19, 20	L.5- Cell organelles:- Mitochondria and ER.	Slide preparation	Onion. Slide needle safranin	PTM 30 APRIL			
5.	June 21, 24, 25, 26, 27	L.5- Cell organelles:- Golgi bodies and lysosomes.						
6.	June 28, 29 July 1, 2, 3, 4	L.5- Cell organelles :-Plastids and Vacuole.						
7.	July 5, 6, 8, 9, 10, 11	L.6 -Tissues:-Plant tissues:-Meristematic plant tissue.	Class quiz		Activity Day I 6 July			
8.	July 12, 15, 16, 18, 19, 20	L.6 -Tissues: Types of meristematic tissues.	Mock test					
9.	July 22, 23, 24, 25, 26, 27	L.6 -Tissues:-Types of simple permanent tissue.	Slide presentation	Slides of parenchyma, collenchyma and sclerenchyma.	Periodic Test – I 25-31 July			
10.	July 29, 30, 31 Aug 1, 2, 3	L.6 -Tissues:-Types of complex permanent tissue.			Activity Day II 3 August			
11.	August 5, 6, 7, 8, 9	L.6 -Tissues:- Protective tissue(epidermal cells)	Mock test of diagrams					
12.	August 12, 13, 14, 16, 20	L.6 -Tissues:- cork cells and structure of stomata.			PTM 17 August			
13.	August 21, 22, 23, 27, 28	REVISION						
14.	August 29, 30, 31 Sep 2, 3, 4	REVISION						
15.	September 6, 9, 10, 11, 12	REVISION			Periodic Test – II 17-30 September			
16.	September 13, Oct 1, 3, 4, 5, 7	L.6- Animal Tissue: - Types of Epithelial tissue(squamous and cudoidal)						
17.	October 8, 9, 14, 15, 16	L.6- Animal Tissue:- Types of Epithelial tissue(columnar and stratified squamous E.T)	Mock test of diagrams					

	BIOLOGY							
PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS			
18.	October 18, 21, 22, 23, 24	L.6- Animal Tissue:- muscular tissue	Slide show	Types of animal tissues	PTM - 19 October			
19.	October 25, 28 Nov 4, 5, 6	L.6- Animal Tissue:- Types of connective tissue(Areolar and adipose)	QUIZ		Activity Day III 26 October			
20.	November 7, 8, 11, 12, 13, 16	L.6- Animal Tissue:- Types of connective tissue(Dense C.T ,Skeletal T& Vascular C.T.).	SKIT					
21.	November 18, 19, 20, 21, 22	L.6- Animal Tissue:-Nervous tissue						
22.	Nov. 25, 26, 30, Dec 2, 4, 5	L.12- Improvement in food resources:- Improvement in crop yields.	Role play					
23.	Dec. 6, 7, 9, 10, 11, 12	L.12- Crop variety improvement and crop production. Management:-Nutrient management -manure and fertilizers.	Quiz / Mock evaluation		Periodic Test – III 7-13 December			
24.	Dec. 13, 16, 17, 18, 19	L.12- Irrigation ,Cropping patterns	PPT on types of cropping patterns.					
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	L.12- Crop protection, management, storage of grains			PTM 4 January			
26.	Jan. 6, 7, 8, 9, 10	L.12-Animal Husbandry: Cattle Farming.	Group discussion					
27.	Jan. 13, 14, 15, 16, 17, 18	L.12-Animal Husbandry: poultry farming.						
28.	Jan. 20, 21, 22, 23, 24	L.12-Fish production, beekeeping	PPT on animal husbandry.					
29.	Jan. 27, 28, 29, 30, 31, Feb 1	L.12-Fish production, beekeeping						
30.	February 3, 4, 5, 6, 7	REVISION						
31.	February 10, 11, 13, 14, 15, 17	REVISION						
32.	February 18, 19, 20, 21	REVISION			Final Examination 24 Feb to 7 Mar			

	INFORMATION TECHNOLOGY							
PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS			
1.	APRIL 1, 2, 3, 4, 5, 6	PART A-UNIT 1 : COMMUNICATION SKILLS-I	Write Para on factors affecting communication	A4 size sheet				
2.	April 8, 12, 13, 15, 16, 18	PART A-UNIT 1 : COMMUNICATION SKILLS-I	Write Para on successful communication	A4 size paper				
3.	April 19, 20, 22, 23, 24, 25	PART B-UNIT 2: DATA ENTRY & KEYBOARDING SKILLS	Draw rapid typing window	Rapid typing software				
4.	April 26, 27, 29 June 18, 19, 20	PART B-UNIT 2: DATA ENTRY & KEYBOARDING SKILLS	Write components of rapid typing window	Rapid typing software	PTM 30 APRIL			
5.	June 21, 24, 25, 26, 27	PART B-UNIT 2: DATA ENTRY & KEYBOARDING SKILLS						
6.	June 28, 29 July 1, 2, 3, 4	PART A-UNIT 3 : ICT SKILLS-I	Para on input and output devices	A4 size sheet				
7.	July 5, 6, 8, 9, 10, 11	PART A-UNIT 3 : ICT SKILLS-I	Para on storage devices	A4 size paper	Activity Day I 6 July			
8.	July 12, 15, 16, 18, 19, 20	PART A-UNIT 3 : ICT SKILLS-I						
9.	July 22, 23, 24, 25, 26, 27	PART A-UNIT 3 : ICT SKILLS-I			Periodic Test – I 25-31 July			
10.	July 29, 30, 31 Aug 1, 2, 3	PART B-UNIT 1: INTRODUCTION TO IT- ITES INDUSTRY	Write any 5 applications of it	A4 size paper	Activity Day II 3 August			
11.	August 5, 6, 7, 8, 9	PART B-UNIT 1: INTRODUCTION TO IT- ITES INDUSTRY						

	INFORMATION TECHNOLOGY							
PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS			
12.	August 12, 13, 14, 16, 20	PART B-UNIT 3: DIGITAL DOCUMENTATION	Selecting a vertical block of text	Using open office	PTM 17 August			
13.	August 21, 22, 23, 27, 28	PART B-UNIT 3: DIGITAL DOCUMENTATION	Finding and replacing text	Using open office				
14.	August 29, 30, 31 Sep 2, 3, 4	PART B-UNIT 3: DIGITAL DOCUMENTATION	Formatting a paragraph	Using open office				
15.	September 6, 9, 10, 11, 12	PART B-UNIT 3: DIGITAL DOCUMENTATION + REVISION			Periodic Test – II 17-30 September			
16.	September 13, Oct 1, 3, 4, 5, 7	PART B-UNIT 3: DIGITAL DOCUMENTATION + REVISION						
17.	October 8, 9, 14, 15, 16	PART A-UNIT 2 : SELF-MANAGEMENT SKILLS-I	Poster on anger management	Smart class				
18.	October 18, 21, 22, 23, 24	PART A-UNIT 2 : SELF-MANAGEMENT SKILLS-I	Enlist two leaders portraying self-management	Smart class	PTM - 19 October			
19.	October 25, 28 Nov 4, 5, 6	PART B-UNIT 4:ELECTRONIC SPREAD SHEET	Formatting cell	Using open office	Activity Day III 26 October			
20.	November 7, 8, 11, 12, 13, 16	PART B-UNIT 4:ELECTRONIC SPREAD SHEET	Applying auto fill	Using open office				
21.	November 18, 19, 20, 21, 22	PART B-UNIT 4:ELECTRONIC SPREAD SHEET	Creating charts	Using open office				
22.	Nov. 25, 26, 30, Dec 2, 4, 5	PART A-UNIT 4 : ENTREPRENEURIAL SKILLS-I						

	INFORMATION TECHNOLOGY							
PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS			
			Write story of two successful entrepreneur	Smart class				
23.	Dec. 6, 7, 9, 10, 11, 12	PART A-UNIT 4 : ENTREPRENEURIAL SKILLS-I	10 business that provides goods and services	Smart class	Periodic Test – III 7-13 December			
24.	Dec. 13, 16, 17, 18, 19	PART A-UNIT 4 : ENTREPRENEURIAL SKILLS-I						
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	PART B-UNIT 5: DIGITAL PRESENTATION	Inserting text in textbox	Using open office	PTM 4 January			
26.	Jan. 6, 7, 8, 9, 10	PART B-UNIT 5: DIGITAL PRESENTATION	Inserting animation	Using open office				
27.	Jan. 13, 14, 15, 16, 17, 18	PART B-UNIT 5: DIGITAL PRESENTATION	Inserting transition	Using open office				
28.	Jan. 20, 21, 22, 23, 24	PART B-UNIT 5: DIGITAL PRESENTATION						
29.	Jan. 27, 28, 29, 30, 31, Feb 1	PART A-UNIT 5 : GREEN SKILLS-I	Make a poster on pollution	Smart class				
30.	February 3, 4, 5, 6, 7	PART A-UNIT 5 : GREEN SKILLS-I	Make a list of biotic and abiotic components	Smart class				
31.	February 10, 11, 13, 14, 15, 17	REVISION						
32.	February 18, 19, 20, 21	REVISION			Final Examination 24 Feb to 7 Mar			

	SOCIAL SCIENCE							
PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS			
1.	APRIL 1, 2, 3, 4, 5, 6	P.S What is Democracy? Why Democracy?	Democracy is a Mockery	Scrap Book News Paper Cuttings				
2.	April 8, 12, 13, 15, 16, 18	Geo India-Size and Location Geo - Physical Features of India	States, Union Territories and Their Capital Important Physical Features	Scrap Book Political And Physical Maps of India				
3.	April 19, 20, 22, 23, 24, 25	Geo- Physical Features of India Eco - The Story of Village Palampur (Periodic Assessment only)	Crossword Puzzle Comparative Case Study	Scrap Book, A4 Size Sheet Scrap Book, A4 Size Sheet				
4.	April 26, 27, 29 June 18, 19, 20	His- The French Revolution	Reading Political Symbols and Their Meanings	Scrap Book, A4 Size Sheet, Colours	PTM 30 APRIL			
5.	June 21, 24, 25, 26, 27	His- The French Revolution	Marking Important Places of France	Scrap Book, Map of France				
6.	June 28, 29 July 1, 2, 3, 4	Geo- Drainage	Features Made by Rivers Map Work	Chart Paper Physical Map of India				
7.	July 5, 6, 8, 9, 10, 11	P.S Constitutional Design	Collage on Members of Constituent Assembly	Chart Sheet, News Paper Cuttings of Members of Constituent Assembly	Activity Day I 6 July			
8.	July 12, 15, 16, 18, 19, 20	P.S- Constitutional Design						
9.	July 22, 23, 24, 25, 26, 27	His- Nazism and the Rise of Hitler	Map on Axis and Allied Powers	Scrap Book World Map	Periodic Test – I 25-31 July G. Ch. 1 H. Ch. 1 E. Ch. 1 C. Ch. 1			
10.	July 29, 30, 31 Aug 1, 2, 3	His- Nazism and the Rise of Hitler			Activity Day II 3 August			
11.	August 5, 6, 7, 8, 9	Eco- People as Resource	Collage on Three Sectors of Indian Economy					
12.	August 12, 13, 14, 16, 20	Eco- People as Resource			PTM			

	SOCIAL SCIENCE							
PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS			
					17 August			
13.	August 21, 22, 23, 27, 28	Revision						
14.	August 29, 30, 31 Sep 2, 3, 4	Revision						
15.	September 6, 9, 10, 11, 12	Revision P.S Electoral Politics	Manifestoes of National Parties – Role Play		Periodic Test – II 17-30 September H. Ch. 1,2 G.Ch.1,2,3 ,C. Ch.1,2 , E.Ch. 1,2			
16.	September 13, Oct 1, 3, 4, 5, 7	P.S Electoral Politics						
17.	October 8, 9, 14, 15, 16	Geo – Climate	Crossword Puzzle					
18.	October 18, 21, 22, 23, 24	His- Forest Society and Colonialism	Pictorial Comparison of Java and Bastar		PTM - 19 October			
19.	October 25, 28 Nov 4, 5, 6	His – Forest Society and Colonialism			Activity Day III 26 October			
20.	November 7, 8, 11, 12, 13, 16	Eco- Poverty as A Challenge	Objectives – Anti Poverty Measures					
21.	November 18, 19, 20, 21, 22	Eco – Poverty as A Challenge						
22.	Nov. 25, 26, 30, Dec 2, 4, 5	P.S. – Working of Institutions	Visit to Vidhan Sabha Session					
23.	Dec. 6, 7, 9, 10, 11, 12	P.S. – Working of Institutions			Periodic Test – III 7-13 December G. Ch. 1,4 H. Ch. 2 E. Ch. 3 C. Ch. 3			
24.	Dec. 13, 16, 17, 18, 19	Geo- Natural Vegetation and Wildlife	Case Study – Extinct and Endangered Species of Animals	Scrap Book				
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	Geo- Natural Vegetation and Wildlife			PTM 4 January			

	SOCIAL SCIENCE								
PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS				
26.	Jan. 6, 7, 8, 9, 10	His – Pastoralists in the World (Periodic Assessment Only) P.S Democratic Rights (Activity)	Case Study on Tribal Society Debate on Fundamental Rights and Duties	Chart Sheet					
27.	Jan. 13, 14, 15, 16, 17, 18	Eco – Food Security in India	Types of Ration Cards and Uses	Scrap Book Pictures					
28.	Jan. 20, 21, 22, 23, 24	His – Socialism in Europe and the Russian Revolution	Biography of Stalin and Lenin	Scrap Book Pictures					
29.	Jan. 27, 28, 29, 30, 31, Feb 1	His – Socialism in Europe and the Russian Revolution							
30.	February 3, 4, 5, 6, 7	Geo – Population	Family Survey- Status	Scrap Book A4 Size Sheet					
31.	February 10, 11, 13, 14, 15, 17	Geo – Population Revision							
32.	February 18, 19, 20, 21	Revision			Final Examination 24 Feb to 7 Mar -G.Ch.2,3,4,6, H.Ch. 1,2,3 ,E.Ch.2.3.4 ,C. Ch. 2,3,4,6				

	VALUE EDUCATION								
PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIAL REQUIRED	EXAM DATES & SYLLABUS				
1.	APRIL 1, 2, 3, 4, 5, 6	Chapter 1- Self Discipline	-GOAL SETTING CHART	PEN PAPER					
2.	April 8, 12, 13, 15, 16, 18	Chapter 1 Continued							
3.	April 19, 20, 22, 23, 24, 25	Chapter 1 Continued							

	VALUE EDUCATION							
PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIAL REQUIRED	EXAM DATES & SYLLABUS			
4.	April 26, 27, 29 June 18, 19, 20	Chapter 2-Loneliness	Discussion on Solutions	Oral Activity	PTM 30 APRIL			
5.	June 21, 24, 25, 26, 27	Chapter 2 Continued						
6.	June 28, 29 July 1, 2, 3, 4	Chapter 2-Continued						
7.	July 5, 6, 8, 9, 10, 11	Chapter 3-Personality Types	Case Study	Team Activity	Activity Day I 6 July			
8.	July 12, 15, 16, 18, 19, 20				Periodic Test – I			
9.	July 22, 23, 24, 25, 26, 27				25-31 July			
10.	July 29, 30, 31 Aug 1, 2, 3	Chapter 3 Continued			Activity Day II 3 August			
11.	August 5, 6, 7, 8, 9	Chapter 4 –Expression of Emotions	Drawing of Emojis	Drawing Sheets, Colours				
12.	August 12, 13, 14, 16, 20	Chapter 4 Continued			PTM 17 August			
13.	August 21, 22, 23, 27, 28	Chapter 4 Continued						
14.	August 29, 30, 31 Sep 2, 3, 4							
15.	September 6, 9, 10, 11, 12				Periodic Test – II 17-30 September			
16.	September 13, Oct 1, 3, 4, 5, 7	Chapter 5-Connecting With Nature	Narrating Experience [Topic Related]	Oral Activity				
17.	October 8, 9, 14, 15, 16	Chapter 5 Continued						
18.	October 18, 21, 22, 23, 24	Chapter 5 Continued			PTM - 19 October			

VALUE EDUCATION PACK MONTH AND DATE NO. & NAME OF TOPICS MATERIAL REQUIRED **EXAM DATES & SYLLABUS ACTIVITY BASED TEACHING** Activity Given in Book Exercise Prescribed Book **Activity Day III** October 25, 28 Nov 4, 5, 6 Chapter 6-Stigma Around Seeking Therapy 19. 26 October 20. Chapter 6 Continued November 7, 8, 11, 12, 13, 16 November 18, 19, 20, 21, 22 Chapter 6 Continued 21. 22. Nov. 25, 26, 30, Dec 2, 4, 5 Periodic Test - III 7-13 December Dec. 6, 7, 9, 10, 11, 12 23. Fill The Table Prescribed Book Dec. 13, 16, 17, 18, 19 Chapter 7 - Mental Hygiene 24. PTM Dec. 20, 21, 30, 31, Jan. 2, 3 **Chapter Continued** 25. 4 January Jan. 6, 7, 8, 9, 10 **Chapter Continued** 26. Debate on The Related Topic **Oral Activity** Chapter 8-Parental Expectations Jan. 13, 14, 15, 16, 17, 18 27. 28. Jan. 20, 21, 22, 23, 24 Chapter 8 Continued 29. Chapter 9-Dating and Relationships Discussion on Verbal Stimulus **Oral Activity** Jan. 27, 28, 29, 30, 31, Feb 1 30. February 3, 4, 5, 6, 7 Chapter 9 Continued

February 10, 11, 13, 14, 15, 17

February 18, 19, 20, 21

Revision

31.

32.

Final Examination

24 Feb to 7 Mar

	WORK EDUCATION								
PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS				
1.	APRIL 1, 2, 3, 4, 5, 6	Still Life		Drawing Book, Copy					
2.	April 8, 12, 13, 15, 16, 18	Still Life		Colours, Brushes					
3.	April 19, 20, 22, 23, 24, 25	Landscape in Perspective							
4.	April 26, 27, 29 June 18, 19, 20	Landscape in Perspective			PTM 30 APRIL				
5.	June 21, 24, 25, 26, 27	Abstract Painting							
6.	June 28, 29 July 1, 2, 3, 4	Abstract Painting							
7.	July 5, 6, 8, 9, 10, 11	Sunset Scene			Activity Day I 6 July				
8.	July 12, 15, 16, 18, 19, 20	Sunset Scene			Periodic Test – I				
9.	July 22, 23, 24, 25, 26, 27	Monuments			25-31 July				
10.	July 29, 30, 31 Aug 1, 2, 3	Monuments			Activity Day II 3 August				
11.	August 5, 6, 7, 8, 9	News Paper Collage		Old Newspapers, Glue, Scissors					
12.	August 12, 13, 14, 16, 20	News Paper Collage			PTM 17 August				
13.	August 21, 22, 23, 27, 28	Copy Correction							
14.	August 29, 30, 31 Sep 2, 3, 4	Revision							
15.	September 6, 9, 10, 11, 12	Revision			Periodic Test – II 17-30 September				
16.	September 13, Oct 1, 3, 4, 5, 7	Greeting Cards		Card Sheets,Coloured Papers, Scissors, Decorative Material					
17.	October 8, 9, 14, 15, 16	Greeting Cards							
18.	October 18, 21, 22, 23, 24	Nature Drawing			PTM - 19 October				

	WORK EDUCATION								
PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS				
19.	October 25, 28 Nov 4, 5, 6	Nature Drawing			Activity Day III 26 October				
20.	November 7, 8, 11, 12, 13, 16	Freehand Drawing							
21.	November 18, 19, 20, 21, 22	Freehand Drawing							
22.	Nov. 25, 26, 30, Dec 2, 4, 5	Animals And Birds			Periodic Test – III				
23.	Dec. 6, 7, 9, 10, 11, 12	Animals And Birds			7-13 December				
24.	Dec. 13, 16, 17, 18, 19	Festival Composition							
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	Festival Composition			PTM 4 January				
26.	Jan. 6, 7, 8, 9, 10	Santa Clause		Coloured Craft Papers, Scissors Etc.					
27.	Jan. 13, 14, 15, 16, 17, 18	Santa Clause							
28.	Jan. 20, 21, 22, 23, 24	Bond of Togetherness		Coloured Papers, Scissors					
29.	Jan. 27, 28, 29, 30, 31, Feb 1	Bond of Togetherness							
30.	February 3, 4, 5, 6, 7	Copy Correction							
31.	February 10, 11, 13, 14, 15, 17	Revision							
32.	February 18, 19, 20, 21	Revision			Final Examination 24 Feb to 7 Mar				

	PHYSICAL EDUCATION							
PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS			
1.	APRIL 1, 2, 3, 4, 5, 6	Importance of Games and sports						
2.	April 8, 12, 13, 15, 16, 18	Importance of Games and sports						
3.	April 19, 20, 22, 23, 24, 25	Importance of Games and sports						
4.	April 26, 27, 29 June 18, 19, 20	Skill practice and Games			PTM 30 APRIL			
5.	June 21, 24, 25, 26, 27	Skill practice and Games						
6.	June 28, 29 July 1, 2, 3, 4	Skill practice and Games						
7.	July 5, 6, 8, 9, 10, 11	Skill practice and Games + Athletics events			Activity Day I 6 July			
8.	July 12, 15, 16, 18, 19, 20	Skill practice and Games + Athletics events			Periodic Test – I			
9.	July 22, 23, 24, 25, 26, 27	Skill practice and Games + Athletics events			25-31 July			
10.	July 29, 30, 31 Aug 1, 2, 3	Skill practice and Games + Athletics events			Activity Day II 3 August			
11.	August 5, 6, 7, 8, 9	Skill practice and Games + Athletics events						
12.	August 12, 13, 14, 16, 20	Skill practice and Games + Athletics events			PTM 17 August			
13.	August 21, 22, 23, 27, 28	Skill practice and Games + Athletics events						
14.	August 29, 30, 31 Sep 2, 3, 4	Skill practice and Games + Athletics events						
15.	September 6, 9, 10, 11, 12	Skill practice and Games + Athletics events			Periodic Test – II 17-30 September			

	PHYSICAL EDUCATION							
PACK	MONTH AND DATE	NO. & NAME OF TOPICS	ACTIVITY BASED TEACHING	MATERIALS REQUIRED	EXAM DATES & SYLLABUS			
16.	September 13, Oct 1, 3, 4, 5, 7	Skill practice and Games + Athletics events						
17.	October 8, 9, 14, 15, 16	Skill practice and Games + Athletics events						
18.	October 18, 21, 22, 23, 24	Skill practice and Games + Athletics events			PTM - 19 October			
19.	October 25, 28 Nov 4, 5, 6	Skill practice and Games + Athletics events			Activity Day III 26 October			
20.	November 7, 8, 11, 12, 13, 16	Skill practice and Games + Athletics events						
21.	November 18, 19, 20, 21, 22	Skill practice and Games + Athletics events						
22.	Nov. 25, 26, 30, Dec 2, 4, 5	Skill practice and Games + Athletics events			Davis die Task III			
23.	Dec. 6, 7, 9, 10, 11, 12	Skill practice and Games + Athletics events			Periodic Test – III 7-13 December			
24.	Dec. 13, 16, 17, 18, 19	Skill practice and Games + Athletics events						
25.	Dec. 20, 21, 30, 31, Jan. 2, 3	Skill practice and Games+ Athletics events			PTM 4 January			
26.	Jan. 6, 7, 8, 9, 10	Skill practice and Games						
27.	Jan. 13, 14, 15, 16, 17, 18	Skill practice and Games						
28.	Jan. 20, 21, 22, 23, 24	Skill test						
29.	Jan. 27, 28, 29, 30, 31, Feb 1							
30.	February 3, 4, 5, 6, 7	Skill test						

	PHYSICAL EDUCATION							
PACK	ACK MONTH AND DATE NO. & NAME OF TOPICS ACTIVITY BASED TEACHING MATERIALS REQUIRED EXAM DATES & SYLLABUS							
31.	February 10, 11, 13, 14, 15, 17	Skill test						
32.	February 18, 19, 20, 21	Skill Test			Final Examination 24 Feb to 7 Mar			

INSTRUMENTAL MUSIC						
PACK	MONTH AND DATE	NO. & NAME OF TOPICS	EXAM DATES & SYLLABUS			
		 Introduction of instruments Basic fundamentals of the instruments Finger exercises Hymns(notation and playing) Anthem(notation and playing) New hymns(notation and playing) Lead exercises Open string chords Closed chords Lead songs (tablature) Film songs(notation and playing) St. Joseph's hymns(notation and playing) School anthem (notation and playing) Orchestra practice Practice Revision 				

	VOCAL MUSIC							
PACK	MONTH & DATE	NO. OF PERIODS	NO. & NAME OF THE TOPICS	EXAMINATION DATE				
1.			REVISION OF ALL PRAYERS, PRACTICE OF ALL HYMNS WITH CLEAR PRONUNCIATION, NEW DEVOTIONAL SONGS.					
			SOME FESTIVE SONG'S HINDI / ENGLISH. DETAILS OF RAAG YAMAN, BHUPALI, AND SOME KNOWLEDGE ABOUT TAAL, TRITAAL, KAHARVA, RUPAK, DADRA.					

	CLASSICAL DANCE							
PACK	MONTH & DATE	NO. OF PERIODS	NO. & NAME OF THE TOPICS	EXAMINATION DATE				
1.			REVISION OF THE LAST SESSION INTRODUTION OF TAL TEEN TAL, KAHRVA, DADRA TATKAR OF TAL DADRA, KAHRVA PARAN OF TAL TEEN TAL					

	BHARATNATYAM							
PACK	MONTH & DATE	NO. OF PERIODS	NO. & NAME OF THE TOPICS	EXAMINATION DATE				
1.			SEMICLASSICAL FUSION DANCE SAMYUKTA MUDRA					

	WESTERN DANCE							
PACK	MONTH & DATE	NO. OF PERIODS	NO. & NAME OF THE TOPICS	EXAMINATION DATE				
1.			Introduction of new dance form flamingo, Spanish, hiphop, jazz which is basically originated in abroad. It is graceful and energetic dance forms which is start learning on 8 & 16 count basic steps. This dance forms is inspired from modern dancing & classical ballet. Practice on the same numbers.					

	THEATRE							
PACK	MONTH & DATE	NO. OF PERIODS	NO. & NAME OF THE TOPICS	EXAMINATION DATE				
1.			Theatre songs Theatre Exercise Theatre Games Drama Enactment Dialouge delivery Improvisation					

	KARATE							
PACK	MONTH & DATE	NO. OF PERIODS	NO. & NAME OF THE TOPICS	EXAMINATION, DATE & SYLLABUS				
1			BASIC STEPS OF KARATE, HACHI-DACHI, ZENKUTSU DACHI AND KEEBA DACHI, ZENKUTSU DACHI AND KEEBA DACHI WITH UKE, CHUDAN ZUKI, JODAN ZUKI, SAMBON ZUKI, ZENKUTSU DACHI AND KEEBA DACHI WITH BLOCKS, GEDAN BARAI, AGE UKE, UCHI UKE AND SHOTO UKE, ZENKUTSU DACHI WITH BLOCKS AND PUNCH, SHOTO UKE, NUKITE, YOGO ENPEE, KO KUTSU DACHI WITH UKE, COMBINATION ZUKI AND UKE KATA 1ST HEIN SHODAN, HEIN NIDAN, FIGHT PRACTICE.					
2			KATA IIND HEIN NIDAN, REVISION OF KATA IST AND IIND, Fight Practice, KICKS (GERI) MAIGERI, YOKOGERI, MAVASHIGERI, FIGHT PRACTICE, KATA DEFINATION, HEIN SHODAN, HEIN NIDAN, THEORY OF KARATE AND KNOWLEDGE OF JAPANESE WORDS COMPLETE OF KATA HEIN SANDAN, HEIN YONDAN, KATA TEKE SHODAN, FIGHT PRACTICE FOR KARATE CHAMPIONSHIP, GRADING PRACTICE AND KICKPAD PRACTICE, REVISION HEIN SHODAN, HEIN NIDAN, HEIN SANDAN PREPARATION FOR FINAL EXAMINATION.					